

and \$9,000 per site plus travel expenses for three-day, on-site key leader training. The cost also includes six hours of phone consultation.

For more information contact: Teresa D. LaFromboise, PhD, lafrom@stanford.edu, 650.723.1202, <http://uwpress.wisc.edu/books/0129.htm>.

Care, Assess, Respond, Empower (CARE) (NREPP review February 2007). This is an evidence-based suicide intervention program targeted at adolescents ages 13-17, and young adults ages 18-25. The program includes suicide assessment, counseling, and social support intervention. CARE was piloted and tested with participants ages 14-20 and has since been adapted for young adults (ages 20 to 24). Originally tested with diverse racial and ethnic groups, the program has also been specifically adapted for Native American and Latino students. CARE has been shown to reduce suicide risk factors, specifically suicidal ideation. The program received high ratings for outcomes (>3.3/4.0), but received low ratings for dissemination readiness (2.2/4.0) due to lack of guidance and supervision for program implementation at the organizational level. The implementation point of contact can provide the most up-to-date cost information.

For more information contact: Beth McNamara, MSW, Director beth@reconnectingyouth.com, 425.861.1177, <http://www.reconnectingyouth.com>.

Coping and Support Training (CAST) (NREPP review February 2007). This is a high school-based treatment program administered through 12 55-minute group sessions for youth ages 14-19, who have been identified as being at risk for suicide. Originally piloted and tested in youth ages 14-19, the CAST program is currently being tested with middle school-aged youth. CAST has been evaluated with racially and ethnically diverse groups of high school youth at risk of dropping out of school. The program has been shown to have outcomes that include a decline in positive attitudes toward suicide, suicide ideation, depression, feelings of hopelessness and anger. The program showed a higher decline in anxiety among females, perceived sense of personal control, and problem-solving/coping skills. In review of the evidence, it received high ratings for outcomes (>3.4/4.0) and high ratings for dissemination readiness ratings (3.5/4.0). The cost of this program is \$699 for each CAST curriculum, \$26.50 for each student notebook (or \$190.80 for a set of eight), \$1,000 per person for a four-day, on- or off-site training workshop for CAST leaders and coordinators (minimum of eight trainees per trainer), \$400 per person for a one-day, on- or off-site training workshop for administrators, and \$800 per person for a two-day, on- or off-site advanced training for CAST coordinators.

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Columbia University TeenScreen (NREPP review February 2007). This program is targeted at middle school and high school aged students (ages 13-25) at risk for suicide and mental illness. It is aimed at early intervention screening in schools, clinics, doctors' offices, juvenile justice settings, shelters, or any other youth-serving setting. The program has been shown to increase referrals to mental health service providers. In review of the evidence, the program received low outcomes ratings (2.5/4.0) due to potential selection bias, range of informants between schools, lack of systemic data collection, participant attrition, and small sample sizes, but received high dissemination readiness ratings (3.8/4.0). There is no cost to implement this program.

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